**Morning Prayer 28.01.24**

“I wait for the Lord, my whole being waits, and in his word I put my hope.” *Psalm 130:5*

**Opening Sentences**

O Lord open our lips **and our mouth shall proclaim your praise.**

The night has passed, and the day lies open before us; let us pray with one heart and mind.

*Pause for reflection as you offer the day to God.*

As we rejoice in the gift of this new day, so may the light of your presence, O God, set our hearts on fire with love for you; now and for ever. **Amen**.

**Song – Living Hope**

Then came the morning that sealed the promise

Your buried body began to breathe

Out of the silence the Roaring Lion

Declared the grave has no claim on me

(REPEAT)

Jesus Yours is the victory whoa

*Hallelujah praise the One who set me free…*

How great the chasm that lay between us

How high the mountain I could not climb

In desperation I turned to heaven

And spoke Your name into the night

Then through the darkness Your loving-kindness

Tore through the shadows of my soul

The work is finished the end is written

Jesus Christ my living hope

Who could imagine so great a mercy

What heart could fathom such boundless grace

The God of ages stepped down from glory

To wear my sin and bear my shame

The cross has spoken I am forgiven

The King of kings calls me His own

Beautiful Saviour I’m Yours forever

Jesus Christ my living hope

*Hallelujah praise the One who set me free*

*Hallelujah death has lost its grip on me*

*You have broken every chain*

*There’s salvation in Your name*

*Jesus Christ my living hope*

**Bible Readings**

**Old Testament Reading – Psalm 111**

**1**Praise the Lord!  
I will give thanks to the Lord with my whole heart,  
    in the company of the upright, in the congregation.  
**2**Great are the works of the Lord,  
    studied by all who delight in them.  
**3**Full of honour and majesty is his work,  
    and his righteousness endures for ever.  
**4**He has gained renown by his wonderful deeds;  
    the Lord is gracious and merciful.  
**5**He provides food for those who fear him;  
    he is ever mindful of his covenant.  
**6**He has shown his people the power of his works,  
    in giving them the heritage of the nations.  
**7**The works of his hands are faithful and just;  
    all his precepts are trustworthy.  
**8**They are established for ever and ever,  
    to be performed with faithfulness and uprightness.  
**9**He sent redemption to his people;  
    he has commanded his covenant for ever.  
    Holy and awesome is his name.  
**10**The fear of the Lord is the beginning of wisdom;  
    all those who practise it have a good understanding.  
    His praise endures for ever.

**Glory to the Father, and to the Son**

**and to the Holy Spirit;**

**as it was in the beginning is now**

**and shall be for ever. Amen.**

**New Testament reading – Mark 1: 21-28**

They went to Capernaum; and when the sabbath came, he entered the synagogue and taught. They were astounded at his teaching, for he taught them as one having authority, and not as the scribes.Just then there was in their synagogue a man with an unclean spirit,and he cried out, ‘What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God.’ But Jesus rebuked him, saying, ‘Be silent, and come out of him!’ And the unclean spirit, throwing him into convulsions and crying with a loud voice, came out of him.They were all amazed, and they kept on asking one another, ‘What is this? A new teaching—with authority! He commands even the unclean spirits, and they obey him.’At once his fame began to spread throughout the surrounding region of Galilee.

This is the word of the Lord  
**Thanks be to God**

**Sermon**

**Prayers**

*In our prayers we will pray for the world, the church, our local community, and for those who are in need.*

*At the end of each section we say:*

Lord in Your mercy

**hear our prayer.**

*And at the end:*

Merciful Father,

**accept these prayers**

**for the sake of your Son,**

**our Saviour Jesus Christ.**

**Amen.**

**The Lord’s Prayer**

**Our Father in heaven,**

**hallowed be your name,**

**your kingdom come,**

**your will be done,**

**on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins**

**as we forgive those who sin against us.**

**Lead us not into temptation**

**but deliver us from evil.**

**For the kingdom, the power,**

**and the glory are yours,**

**now and for ever.**

**Notices**

**Conclusion**

The Lord bless us, and preserve us from all evil, and keep us in eternal life.  
**Amen.**  
  
Let us bless the Lord.  
**Thanks be to God.**

**Online Giving**

Everything we do in mission and ministry is made possible by the generous support of our church family. We encourage everyone who is a regular member of St Marys to join our planned giving scheme (standing order) as this helps us to plan and budget.

You can now make donations online as a one off or regular gifts, and every penny goes back into enabling our mission and ministry.

Details of how to give online or join the planned giving scheme can be found online @ [www.stmaryshanwell.org.uk/giving](http://www.stmaryshanwell.org.uk/giving)